

**Organised by the Hong Kong, China Association of Athletics Affiliates**  
**Subvented by the Leisure and Cultural Services Department**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Badges Award Scheme**  
**〈 Athletics 〉**

**Purpose:** To provide testing standards and awards for trainees participating in athletic training, and to encourage them to continuously improve and upgrade their skills.

**Type of Badges:**

1. Four levels of award, namely Bronze, Silver, Gold and Diamond  
(Applicable for the Joint Schools Athletics Training Programme)
2. Content of Tests  
Field events: Long jump, Triple jump, High jump, Discus, Javelin, Shot put/ Softball  
Track events: 60m, 100m, 200m, 800m, 1500m, Hurdling (100m / 110m)
3. Rating Standard  
Trainees must pass the standard of respective age group to obtain the relevant badges

**Award/ Participation Method:** All trainees who have an attendance rate of 60% or above in the Joint Schools Athletics Training Programme and attained results that met the required standard of their age group in the Athletics Badges Awards Scheme Assessment Day will receive the Certificate of Diamond, Gold, Silver or Bronze Badge issued by the LCSD as encouragement.

**Collection of Badges and Certificates:** After completion of the Athletics Badges Award Scheme Assessment Day, LCSD will collect the results for verification of information, upon which the LCSD will mail the certificates of the badges to the schools for distribution to qualified trainees by teachers.

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**Remark:** The Badges Award Scheme for Athletics is co-ordinated and developed by the Hong Kong, China Association of Athletics Affiliates

**School Sports Programme – Joint Schools Athletics Training Programme**  
**Standard and Assessment for Athletics Badges Award**

Men	Badge	60m (sec)	100m (sec)	200m (sec)	800m (min:sec)	1500m (min:sec)	100/110m Hurdling (sec)	High Jump (m)	Long Jump (m)	Triple Jump (m)	Shot Put (m)	Discus (m)	Javelin (m)	Softball (m)
							110mH/0914m				5.0kg			
Group A Aged 17 or above	Diamond		11.90	24.60	2:15.00	4:58.00	17.70	1.65	5.80	12.10	10.60	31.00	34.00	
	Gold		12.20	25.50	2:20.00	5:00.00	18.50	1.60	5.45	11.20	10.05	26.00	30.00	
	Silver		12.60	26.10	2:30.00	5:12.00	20.00	1.55	5.10	10.50	9.10	21.00	26.00	
Group B Aged 15-16	Diamond		12.10	25.40	2:21.00	5:00.00	16.20	1.59	5.30	11.20	4.0kg	32.00	33.00	
	Gold		12.50	26.40	2:23.00	5:04.00	17.00	1.52	5.05	10.50	10.10	27.00	25.50	
	Silver		13.00	26.80	2:30.00	5:20.00	19.80	1.47	4.70	9.50	9.30	23.00	20.00	
Group C Aged 13-14	Diamond		12.80	26.40	2:25.00	5:20.00	18.60	1.46	5.00		4.0kg	25.00		
	Gold		13.30	27.50	2:32.00	5:25.00	19.70	1.38	4.55		8.30	20.00		
	Silver		13.70	29.00	2:43.00	5:45.00	21.00	1.30	4.10		7.30	17.00		
Group D Aged 11-12	Diamond	8.60	13.40	27.60				1.35	4.20		3.0kg			45.00
	Gold	9.00	13.90	28.70				1.27	3.70		8.50			38.00
	Silver	9.50	14.30	30.20				1.15	3.30		7.80			32.00
Group E Aged 9-10	Diamond	8.80	14.00											
	Gold	9.20	14.50											
	Silver	9.70	15.20											
Group E Aged 9-10	Diamond	10.00	16.10											
	Gold													
	Bronze													

Women	Badge	60m (sec)	100m (sec)	200m (sec)	800m (min:sec)	1500m (min:sec)	100m Hurdling (sec)	High Jump (m)	Long Jump (m)	Triple Jump (m)	Shot Put (m)	Discus (m)	Javelin (m)	Softball (m)
							0.762m				4.0kg			
Group A Aged 17 or above	Diamond		13.80	28.90	2:45.00	5:55.00	18.00	1.45	4.50		7.40	21.50	24.00	
	Gold		14.50	30.50	2:55.00	6:15.00	19.50	1.30	4.10		6.90	18.80	19.00	
	Silver		15.30	32.00	3:09.00	6:50.00	21.00	1.26	3.70		6.40	16.50	15.00	
Group B Aged 15-16	Diamond		13.90	29.50	2:48.00	6:05.00	19.00	1.40	4.40		3.0kg	1.0kg	500g	
	Gold		14.60	30.80	2:55.00	6:25.00	20.20	1.30	4.00		7.25	18.00	17.80	
	Silver		15.50	32.20	3:10.00	6:50.00	21.20	1.23	3.60		7.10	15.20	13.50	
Group C Aged 13-14	Diamond		14.50	30.00	2:51.00	6:20.00	20.00	1.35	4.20		3.0kg	1.0kg		
	Gold		15.20	31.50	2:57.00	6:30.00	21.00	1.25	3.80		7.60	18.50		
	Silver		15.60	33.00	3:12.00	6:50.00	22.20	1.20	3.40		7.00	16.00		
Group D Aged 11-12	Diamond	9.00	14.70	30.90				1.30	4.00		3.0kg			33.00
	Gold	9.30	15.40	31.70				1.20	3.60		7.00			29.00
	Silver	9.70	15.80	33.50				1.15	3.20		6.40			24.00
Group E Aged 9-10	Diamond	10.10	16.10	34.80				1.08	2.90		5.30			20.00
	Gold													
	Silver													
Group E Aged 9-10	Diamond	9.20	15.20											
	Gold	9.60	15.90											
	Silver	10.00	16.40											
Group E Aged 9-10	Diamond	10.40	17.10											
	Gold													
	Bronze													

The above standards are for reference only. The organizer reserves the right to make amendments.